

DESIGN FEATURE TO BE DONE WITH THIS MATERIAL



# HEALTH IN ALL POLICIES WORKSHOP

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Kuopio, Finland, 24-25 June 2015

An Evaluation Report for a Kuopio Healthy  
Cities Workshop

This document was compiled following the Health in All Policies Workshop in Kuopio, June 2015. The workshop brought together participants working in health or other sector addressing health and well-being determinants, having previous experience in training and or current responsibility for conducting trainings.

Reference  
[WHO/PHE/SDH1-2015](#)

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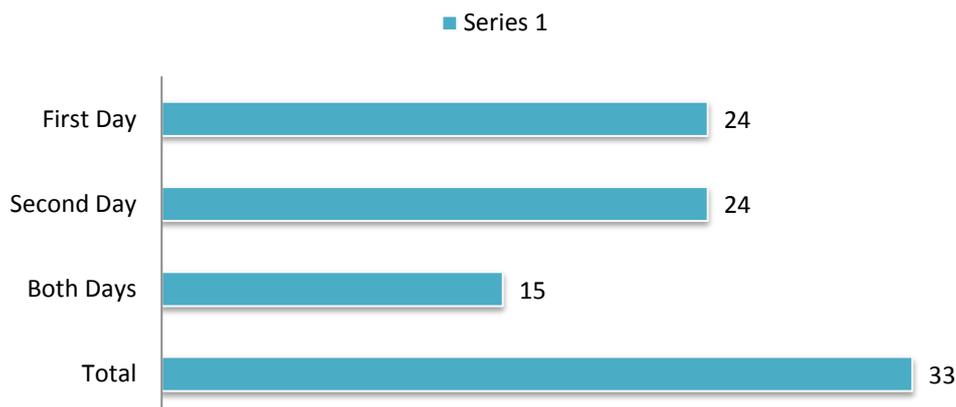
## INTRODUCTION

In June 2015, the World Health Organization held a workshop on the use of the WHO Health in All Policies training manual, launched in February 2015. The workshop was organized by WHO European Office- Division of Policy and Governance for Health and Well-being (Agis Tsouros), WHO Public Health, Environmental and Social Determinants of Health, in collaboration with WHO European Healthy Cities Network and the Network of European National Healthy Cities Networks.

The workshop consisted on a 4-hour basis divided into 2 days, aiming to provide participants with an overview of WHO's Health in Alii Policies training manual and initiative. At the end of day 2, participants were asked to complete an evaluation form referring to the workshop.

A total of 33 individuals participated in the workshop meeting, of which 15 were participating both days. A total of 24 participants (who participated the workshop on second day) were requested to complete evaluation forms (this excluded faculty, invited presenters and WHO staff). The evaluation question is found in Annex 1. A total of 16 evaluation forms were handed in. Questionnaires were mostly complete.

### Number of workshop participants



### Evaluation fulfilling



The method for drafting the evaluation report was to present quantitative and qualitative results from the evaluation to the faculty and workshop organizers. As the meeting focussed on providing an overview of Health in All Policies Training Manual, this report is concentrating on an extent to which the participants understood the manual purpose and usefulness. Obstacles in having reliable results lie in facts that not all examined participants were present during whole workshop and there was lack of communication beforehand, hence their expectations might not be realistic.

## RECAP OF FORMAT OF MEETING

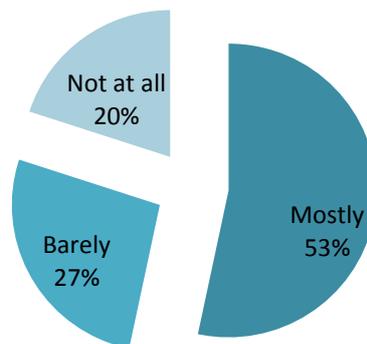
- **Objectives:**
  - A 4-hour workshop aims to provide participants with an overview of WHO's training manual and initiative.
- **Structure:**
  - Pre-work: DVD: overview of the Manual (by Ilona Kickbusch)
  - DAY 1 - 24 June: 16.00 - 18.00 - Overview of training; Central principles of HiAP and WHO framework for action and intersectoral collaboration examples for equity
  - DAY 2 - 25 June: 11.00 - 13.00 - Key elements of training: Role of government; Conditions for intersectoral work; Negotiations with role-play
- **Participants:** People working in health or other sector addressing health and well-being determinants, having previous experience in training and or current responsibility for conducting trainings.
- **Faculty:**
  - Nicole Valentine (World Health Organization, Geneva);
  - Charlotte Marchandise (Political President of the Network of French Healthy Cities);
  - Nelly Savolainen (THL, Finland).

## GENERAL CONTENT COVERAGE

### Key facts

- In answering the question “before coming to the workshop to what extent were you informed about the purpose of this workshop?” we received the following responses on a 4-point mixed verbal-numerical response scale: 1 (not at all) to 4 (completely):
  - 8 responded mostly (3);
  - 4 responded barely (2);
  - 3 responded not at all (1).

### Participants` familiarity with the workshop purpose



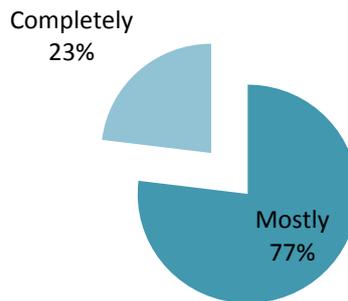
*Having in mind that participants did not receive any preparation documents before the workshop; their participation was optional and not complete (only 15 participated both days), with possible last minute registration, it can be expected that the workshop purpose and content was not clear to them. This fact influences other their impressions/ results received through evaluation forms.*

*Lessons learnt :*

- *Including workshop into conference program – not optional workshop;*
- *Having list of participants in advance in order to better adjust the workshop content;*
- *Send the preparation materials to all participants in order to have more efficient workshop.*

- In answering the question “Was the workshop content consistent with the stated objectives?” we received the following responses:
  - 10 responded mostly met expectations (3);
  - 3 responded completely met expectations (4) ;
  - The rest didn` t answer the question.

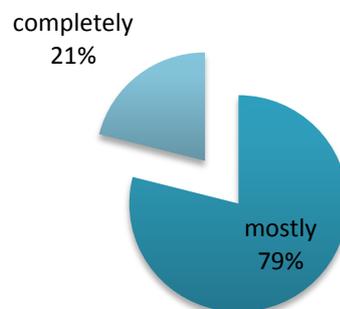
### Workshop consistency with its objectives



*Based on this results, many participants better understood the purpose of workshop after attending it then before, which means that the workshop itself was well planned, but not communicated well enough in advance.*

- In answering the question on “To what extent did the workshop meet your expectations?” we received the following responses:
  - 10 responded mostly met expectations (3)
  - 3 responded completely met expectations (4).

### Participants expectations met



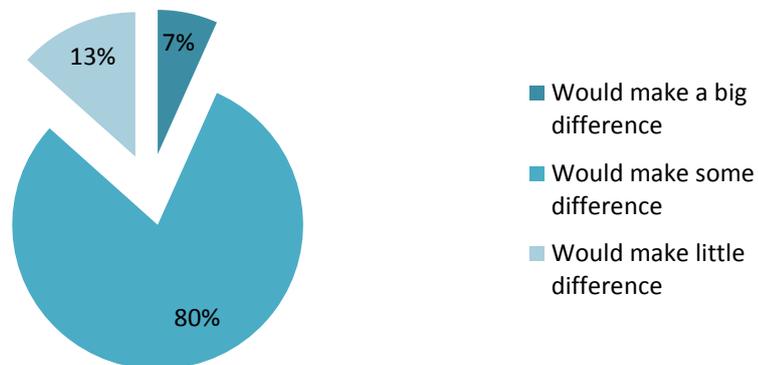
*Following the previous results of previous questions, these ones might not be reliable, as participants did not have enough information about the workshop beforehand. Hence, their expectations also might not be realistic. Still, the results are quite good and showing that workshop has been beneficial to them.*

## ADULT LEARNING TECHNIQUES

### Key facts

- In answering the question on “To what extent do you expect this workshop to make a difference in the way you do your job (training)?” we received the following responses on a 4-point mixed verbal-numerical response scale: 1 (no difference) to 4 (big difference):
  - 1 responded it would make a big difference;
  - 12 responded 3 (some difference);
  - 2 responded 2 (little difference).

### Expectations of workshop to make a difference in the way of delivering training



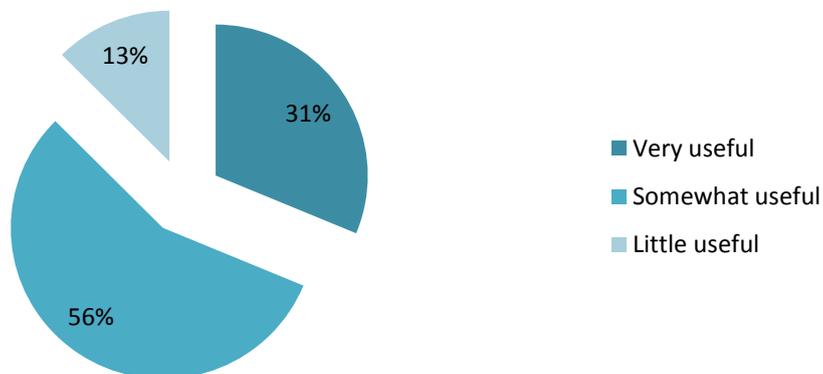
*Even though participants were not well prepared for the workshop, still they found it useful and applicable in their work which was one of the workshop purposes. The participants were targeted in a way that the Health in All Policies Training Manual should be applicable on their work. Being better informed beforehand or having more time during the workshop, would probably result in their higher awareness of HiAP training manual usefulness.*

## LEARNING ABOUT THE HIAP TRAINING MANUAL FOR TRAINING

### Key facts

- In answering the question on, “Overall, how would you rate the usefulness of this workshop?”, we received the following answers on a scale from not useful (1) to 4 (very useful):
  - 5 said very useful - 4
  - 9 responded 3 (somewhat useful)
  - 2 responded 2 (little use).

### Workshop usefulness



*This question gets more at the transmission of ideas on training from the manual. In the qualitative answers, respondents mentioned the following reasons for liking the course which is directly correlated to the training manual:*

- *Balance between inputs and group work;*
- *Meeting colleagues from different countries/cities/institutions;*
- *The group discussions opened up new contacts - in using the Manual;*
- *Highlighting of key ideas from manual - Working with a specific instrument (Manual);*
- *The overall framework of HiAP;*
- *Practical examples and role play exercises;*
- *Planning a Nordic session of HiAP.*

## SPECIFIC USE OF EXAMPLES, TIME FOR DISCUSSION VERSUS THEORY

### Key facts:

- In answering the questions in the evaluation form on:

#### **--To what extent did the workshop provide the following?**

- A. Applicable theoretical information (4 out of 16 responded excellent)
- B. Practical examples (5 out of 16 responded excellent)
- C. Time for discussion (8 out of 16 very good, 6 out of 16 responded poor)
- D. Appropriate exercises for learning the content (5 excellent, 7 very good)

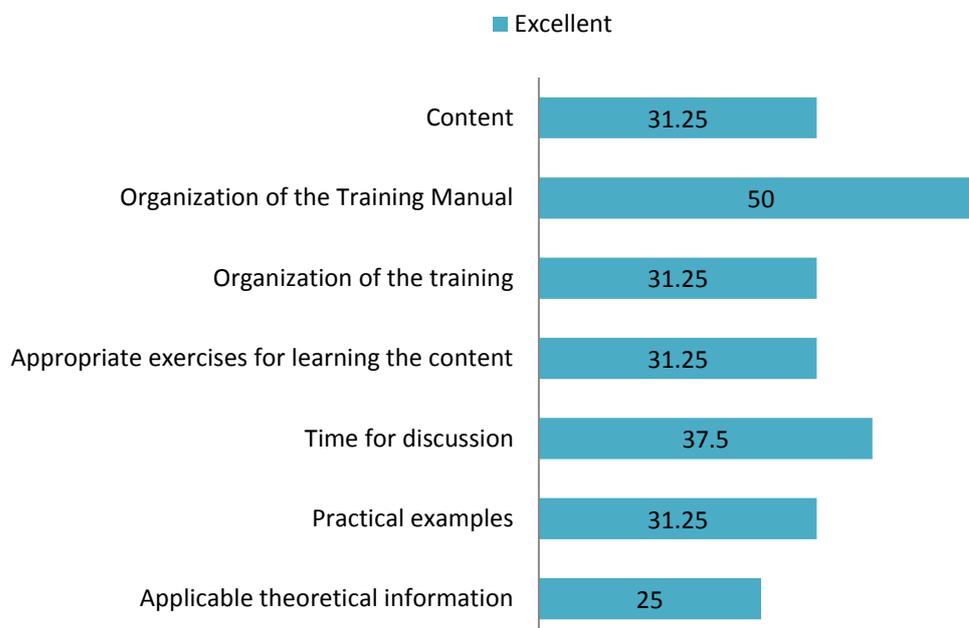
.. highest number of less favourable responses on “ **Time for discussion** ” – C.

#### **--Overall, how would you rate the following aspects of the workshop?**

- A. Organization of the training (5 out of 16 responded excellent, 7 very good)
- B. Organization of the training manual (8 out of 16 responded excellent, 5 very good)
- C. Workshop content (from the) training manual (5 out of 16 responded excellent, 5 very good)

.. highest number of less favourable responses on “ **Organization of the training** ” – A.

## Workshop excellent provision in ...



## **SPECIFIC SUGGESTIONS FOR IMPROVEMENT MENTIONED BY PARTICIPANTS**

### **Key suggestions**

Almost all participants' complaints were on the workshop length such as:

- A little too short time to cover all of the things it tried to cover;
- Not enough time to ask questions and discuss;
- Two or three days learning cannot be held in four hours;
- A lot of presentations/powerpoint; general discussion would be good.

However, their main suggestions were not only about lack of time, but also on other aspects which better explain evaluation results:

- Have more time for workshop;
- More time and more information beforehand;
- Have fewer participants or have participants grouped;
- Having obligatory presence both days;
- Put the workshop in the conference programme, not as an optional activity.

## ANNEX 1: EVALUATION QUESTIONNAIRE

Date:				
On a scale of 1–4, circle the answer that best indicates your level of agreement.				
1. Before coming to the workshop, to what extent were you informed about the purpose of this workshop?	Not at all 1	2	3	Completely 4
2. Was the workshop content consistent with the stated objectives?	Not at all 1	2	3	Completely 4
3. To what extent did the workshop meet your expectations?	Not at all 1	2	3	Completely 4
4. To what extent do you expect this workshop to make a difference in the way you do your job?	Not at all 1	2	3	Big Difference 4
5. Overall, how would you rate the usefulness of this workshop?	Not useful 1	2	3	Very useful 4
6. To what extent did the workshop provide the following?	Very poor 1	2	3	Excellent 4
A. Applicable theoretical information	1	2	3	4
B. Practical examples	1	2	3	4
C. Time for discussion	1	2	3	4
D. Appropriate exercises for learning the content	1	2	3	4
Additional comments about these topics:				
7. Overall, how would you rate the following aspects of the workshop?	Very poor 1	2	3	Excellent 4
A. Organization of the training	1	2	3	4
B. Organization of the training manual	1	2	3	4
C. Workshop content in the manual	1	2	3	4
Additional comments about these topics:				

8. What did you like most about this workshop?

9. What did you like least about this workshop?

10. If you were given the task of redesigning the workshop, what would you change?

11. Any other suggestions?