



Wednesday, 01/29/2020

Need Facilitation Skills?

Need facilitation skills? Get a scholarship to attend a ToP Facilitation Methods (TFM) training. TFM is a group facilitation training where participants learn and practice proven methods to help any size group think and work together creatively and productively. A CalFresh Healthy Living Training scholarship will cover registration and possibly some travel expenses for appropriate LHD staff to attend a publicly offered TFM training. [Click here](#) to apply. Current training dates and locations include:



<u>Oakland</u>	Long Beach – February 20-21
February 20-21	Colton (L.A.) – April 2-3
March 26-27	San Luis Obispo – April 16-17
April 22-23	Redding – April 30-May 1

CalFresh Healthy Living Training Resources

Check out the [training resources webpage](#) for the latest training information and calendar of scheduled events. Did you know we also offer nine by-request trainings? Check out the titles and complete the [training request form](#) if interested.

ToP Facilitation Methods Training

February 20-21

March 26-27

April 2-3

April 16-17

2020 CalFresh Healthy Living Forum

February 10-12

Food Smarts for Food Pantries Training

February 18

Nutrition Update: Nutrition and Health Effects of Food Insecurity

February 25

Dietary Guidelines for Americans

February 26

Recruiting and Engaging Youth, Half Day

February 26

ToP Accelerated Action Planning, Bakersfield

February 28

SNAP, Crackle & Learner-Centered Education – *Save the Date!*

March 10

SNAP, Crackle & Learner-Centered Education – *Save the Date!*

March 19

ToP Accelerated Action Planning, Susanville

March 25

CalFresh Healthy Living Training Resources (continued)

ToP Secrets of Implementation Training, San Andreas

July 21

ToP Accelerated Action Planning

By LIA request to host

ToP Secrets of Implementation

By LIA request to host

Systems Approaches for Healthy Communities

Ongoing

Including People with Disabilities: Public Health Workforce Competencies

Ongoing

Online Civil Rights Training

Ongoing

A Taste of Success: Food Tasting and Recipe Demonstrations

Ongoing

Health and Disability 101 Training for Health Department Employees

Ongoing

Breakthrough Messaging for CalFresh Healthy Living LIAs

Ongoing

Healthy Food Access Webinar Tuesday, February 4, 12:15 – 1:15PM

On Tuesday, February 4th, from 12:15 – 1:15 pm, the Champion Provider Fellowship will be hosting a webinar on **Healthy Food Access via Farmers Markets and Market Match Expansion**. [Carle Brinkman](#), Food and Farming Program Director at the [Ecology Center](#), will discuss strategies to promote healthy food access via farmer’s markets and market match expansion. The webinar will also explore federal, state and local policy levers to expand food assistance benefits and their usage in places like farmers markets.

To register for the webinar, go to:

<https://championprovider.ucsf.edu/events/healthy-food-access-webinar>.

CDPH Bike Plate Teams with BikeRide.com

CDPH is teaming up with Bikeride.com to promote the *Bike for a Healthy California* license plate. “BikeRide values are very similar to the Bike plate program values,” states Dave Bodick license plate program lead.

“BikeRide.com promotes a lifestyle that combines fitness, recreation and carbon-neutral transport. We at BikeRide foster the community among cyclists whether or not they’re serious racers or casual commuters, the site brings members and experts together to join events and share information about the sport that they love”, says Kevin Langan, editor at BikeRide.

We’re excited to have BikeRide on board with us to promote the *Bike for a Healthy California* license plate. An average of 120,000 visit the site each month for information on local events and do-it-yourself repairs. This will provide a great deal of exposure for the bike plate program. Visit [Bikeride](#) to find an event near you.



CalFresh Healthy Living Assessment Resource Library

Need assessment tools? Check out the new CalFresh Healthy Living Assessment Resource Library. In it you'll find 75 settings-based and community level assessment tools, data sources and implementation guides, organized and sortable by IWP sub-strategies. This new resource is accessible in two places:

The CDSS SharePoint Site, CalFresh Healthy Living Resources:

https://cdss.sharepoint.com/sites/SnapEd_v1/resources/SitePages/Resources.aspx and

The CDPH NEOP Training Archive:

https://www.myctb.org/wst/casnap-ed/training/Lists/Community_Engagement_Partnership_Building/AllItems.aspx

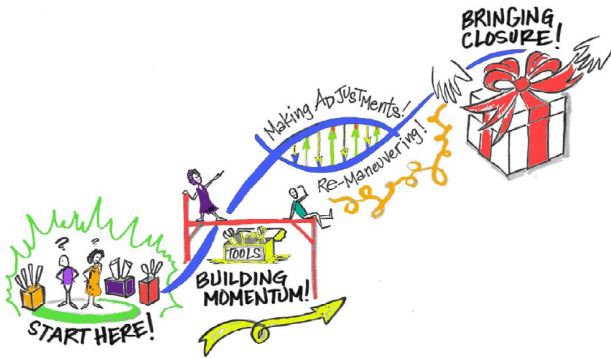
CalFresh Health Living IWP Assessment Supports		Type				
About: <i>The following ASMT resources are categorized by substrategy for easy access and include a wide range of resources, including those found in the IWP activity tables. This resource was compiled by the CFHL Community Assessment Training Workgroup.</i>						
Instructions: 1) Select the data source, domain or sub-strategy you're interested in. 2) Find the corresponding worksheet at the bottom of the page. 3) Click the tab to find the tools and resources associated with your selected data source, domain or sub-strategy. 4) Click on the resource name in column A to open it.						
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		Jurisdiction Level Data / Guide	Community Level Data / Guide	IWP Domain	Active Trans	
CA After School Program: Quality Self-Assessment Tool	hr	Tool			LEARN	
CDC Consumer Confidence Report - Assessment of Water Sources	hr	Data Source		✓	MULTIPLE	
School Health Index (SHI) Assessment for Elementary and Middle/High School	hr	Tool			LEARN	

FFY 2020-2022 California CalFresh Healthy Living Curricula Resources Update

The [FFY 2020-2022 California CFHL Integrated Curricula List](#) (Curricula List) is updated and available on the [California Department of Public Health \(CDPH\), CFHL website](#). Look for Curricula List updates by selecting the Updates tab. As a reminder, any newly added curriculum under the Pilot tab may only be used with permission of your specified State Implementing Agency.

For further information, please contact Andrea Bricker at Andrea.Bricker@cdph.ca.gov.

Motivate Your Team with a ToP Training – *by Request*



Technology of Participation (ToP) trainings teach skills and methods for effectively engaging and involving partners around common issues and projects. Available at no cost, ToP Trainings - *by Request* offer a great opportunity to bring staff and partners together for a fun day that will strengthen capacity, build morale, and gain buy-in. [Click here](#) to learn more and to submit your application.

E-mail CASNAP-EdTraining@cdph.ca.gov with your questions.