



Local Health Department

Connection



Wednesday, 09/15/2021

Save the Date!

Federal Fiscal Year (FFY) 2022 Adult DE Evaluation Survey Administration Training, September 21st, 10-11am

Please join Nutrition Policy Institute's (NPI) Amanda Linares to preview the online FFY 2022 CalFresh Healthy Living (CFHL) Adult Survey and learn how to administer it to class participants. This pre/post survey will be required for adult direct education consisting of four or more sessions delivered over four or more weeks.

Date: Tuesday, September 21st, 10-11am

Zoom (computer, preferred):

<https://ucanr.zoom.us/j/9164456311?pwd=NDF5YVZYc3BuTEtFQjcwQmF5U1B5UT09>

Zoom: (phone): +1 669 900 6833, Meeting ID: 916 445 6311, Passcode: 1234

Please take a moment to check out and (bookmark!) NPI's new Adult Direct Education Evaluation website: https://ucanr.edu/sites/http___ucanredu_sites_adultDE/

And in case you missed it, also check out the recording from the Info Session held on July 27th:

https://ucanr.zoom.us/rec/play/2rvz4BERjvjiN9Ha7yxsyOtTkaUcSxNYWlrb5KaXogWH20dd9aS747ZDz9nIEokA6FepKJNiDzu5QuMm.El8NgkdgLhaFbz-F?continueMode=true&x_zm_rtaid=Bex8geUrS_KIsyHWUG2UFQ.1627593341825.9610c418cca3426b2be38a66bf48194f&x_zm_rtaid=285

Passcode: 77Hs+uPk

For additional information, please contact Amanda Linares at amlinares@ucanr.edu.

FFY 2020-2022 CalFresh Healthy Living Curricula List Update for FFY 2022

The FFY 2020-2022 CFHL Integrated Curricula List has been updated with new, approved curricula for use in FFY 2022, which begins October 1, 2021. For ease of use, a new, comprehensive list has been created combining previously approved and the newly approved FFY 2022 curricula. The new list is titled [FFY 2022 California CalFresh Healthy Living Integrated Curricula List](#) and can be found on the Local Support and Training, [CFHL Integrated Curricula Resources](#) page of the [California Department of Public Health \(CDPH\), Nutrition Education and Obesity Prevention, CFHL website](#). Within the list, select the Updates tab to identify newly approved curricula and other updates made to the Curricula List.

The new [FFY 2022 Curricula List](#) is available now for program planning purposes. Please note - in order to preserve data quality for evaluation purposes, Local Implementing Agencies may not begin using any of the newly approved FFY 2022 curricula until October 1, 2021. For the remainder of FFY 2021, which ends September 30, 2021, please continue to use the FFY 2020-2022 CFHL Integrated Curricula List.

For information navigating the Curricula List, check out the [CalFresh Healthy Living Curriculum List Video](#) explaining what the Curricula List is and how to use it.

For any questions, please contact your assigned Project Officer.

CalFresh Healthy Living Training Resources

Check out the [training resources webpage](#) for the latest training information and calendar of scheduled events.

Virtual Promising Practice Exchanges

Sep 10 – Sep 24

Retail Webinar: Supporting Stores & Shoppers

Sep 20

Plant-Based Meat and Milk Alternatives: Take them or ‘Leaf’ them?

Oct 13

Other Available Ongoing Trainings & Resources

- A Taste of Success: Food Tasting and Recipe Demonstrations
- Breakthrough Messaging for CalFresh Healthy Living LIAs
- CalFresh Healthy Living – Building Blocks for Success
- Health and Disability 101 Training for Health Department Employees
- Including People with Disabilities: Public Health Workforce Competencies
- Online Civil Rights Training
- Peer Exchange Program
- Systems Approaches for Healthy Communities
- Trauma Basics and the Relationship to Nourishment
- 2020 Virtual Promising Practice Exchange – Session Recordings

CalFresh Healthy Living Training Resources (continued)

CATCH® Training Update 2021

CATCH Training is an allowable expense if it is allotted for in your LHD budget. To request training, LHDs should contact CATCH directly at info@catch.org or lindsay@catch.org. There are several training options and training levels to choose from.

CATCH Training Options:

- Early Childhood
 - Ages 3-5
 - Ideal for preschools, daycare and early learning, centers
 - Reviews program materials and health & nutrition lessons, and also demonstrates techniques to lead physical activity appropriate for this age group
- In-School
 - Grades K-5 / K-8 / 6-8
 - Ideal for those wanting to create a culture of health that aligns with the Whole School, Whole Community, Whole Child approach
 - Covers the link between health and academics, reviews resource materials, and gives hands-on practice using the CATCH Coordination Kit
 - Time will be allowed for strategic planning and participants will leave with a clear sense of action items to support program implementation.
- Kids Club
 - Out-of-School • K-5 / K-8 / 5-8
 - Ideal for before school, after school, and summer programs
 - Teaches and demonstrates strategies to encourage and increase moderate-to vigorous physical activity and awareness of healthy eating
- CATCH P.E.
 - Grades K-5 / K-8 / 5-8
 - Ideal for those wanting to implement CATCH solely in P.E. classes or dedicated physical activity sessions
 - Teaches and demonstrates strategies to encourage and increase moderate-to vigorous physical activity

CATCH Training Levels:

- 1-day Implementation Training
- 3-day Training Academy

For CATCH training program details go to: <https://catchinfo.org/programs/training/>

New NEOPB Materials

New Material! Origami Flavor Finder Game



CDPH has reprinted ‘Flavor Finders’, a fun origami game that helps you find ReThink Your Drink (RYD) flavor infusions of tangy, sweet, herbal and tropical.

These materials can be ordered around September 17, 2021 on the NEOPB Web StoreFront: <https://www.webstore.osp.dgs.ca.gov/WSFdir/companies/neop/storefront.aspx>

For more information, please contact Margaret Moore at margaret.moore@cdph.ca.gov.