



Resources for Assessing the Quality of School Health Policies and Practices, and Improvement Plan Implementation

Date: Thursday, September 22, 2016

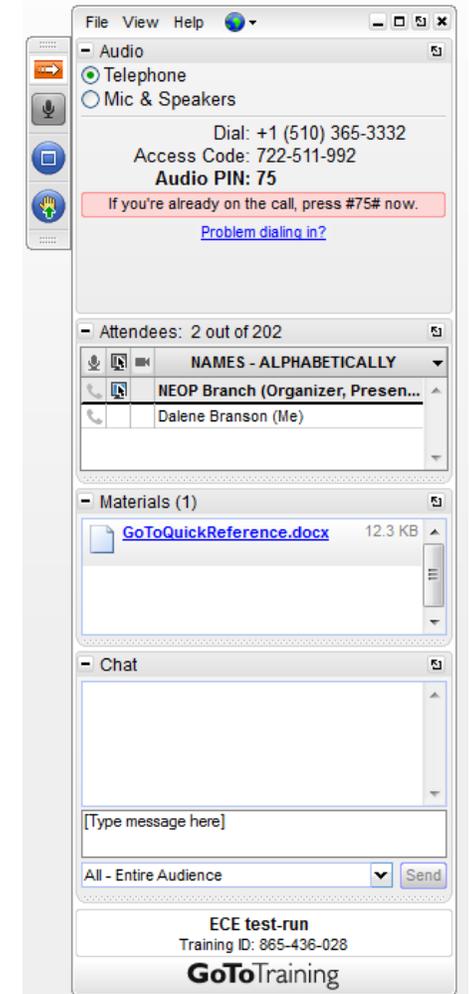
Time: 10:00am – 11:15am

Audio PIN: Shown after joining the training.

Please note:

To connect to the audio portion of the call, use the telephone option and enter your designated audio pin.

Also, webinar materials are available to download from your control panel.





Resources for Assessing the Quality of School Health Policies and Practices, and Improvement Plan Implementation

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Resources for Assessing the Quality of School Health Policies and Practices, and Improvement Plan Implementation



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About Today's Participants

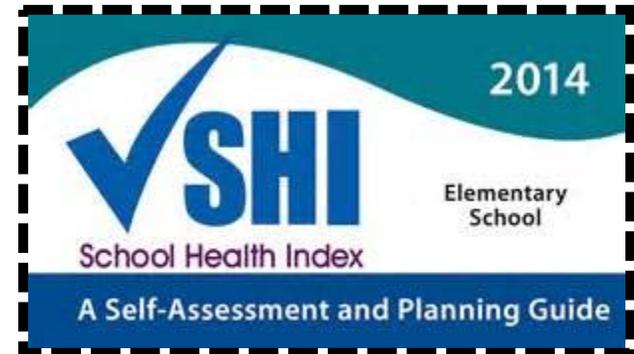
Did You Know?



Poll #1: School Health Index

Do you currently use the School Health Index Tool?

- Yes
- No





Learning Objectives

- Describe the overall use of Action for Healthy Kids' (AFHK) School Health Index (SHI).
- State how to access and complete the School Health Index (SHI) Modules
- Use the Action Plan to set goals and identify beneficial resources.
- State at least three school-related physical activity (PA) and nutrition tools.





School Health Index: A Self-Assessment and Planning Guide



Katia Ahmed M.Ed, MS, RN
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Actionforhealthykids.org



What is SHI?

- Assess your school's health through the School Health Index (SHI).
- An online self-assessment and planning tool.
- Schools can use to improve their school health and safety policies and programs.





What is the Purpose of the SHI?

- Enables schools to identify strengths and weaknesses of health policies and programs
- Enables schools to develop an action plan for improving student health
- Engages teachers, parents, students, and the community in promoting health enhancing behaviors and better health





Poll #2: The Whole School, Whole Community, Whole Child Model

How familiar are you with the Whole School, Whole Community, Whole Child Model?

- A. Very familiar, I understand well.
- B. Somewhat familiar, I know a little, but would like to learn more.
- C. Not familiar, I am not aware of it.





Whole School, Whole Community, Whole Child





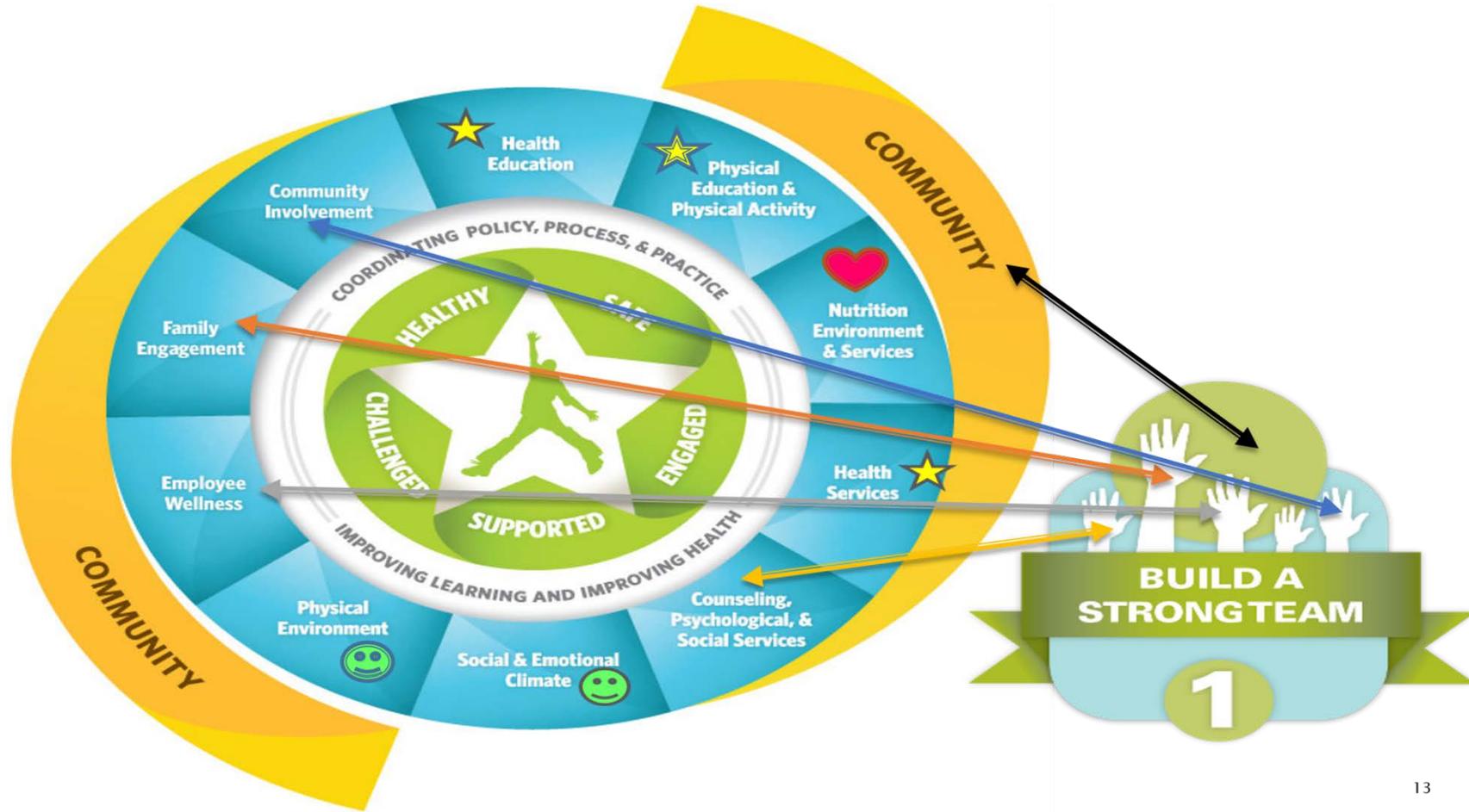
Whole School, Whole Community, Whole Child Components

WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD
A collaborative approach to learning and health



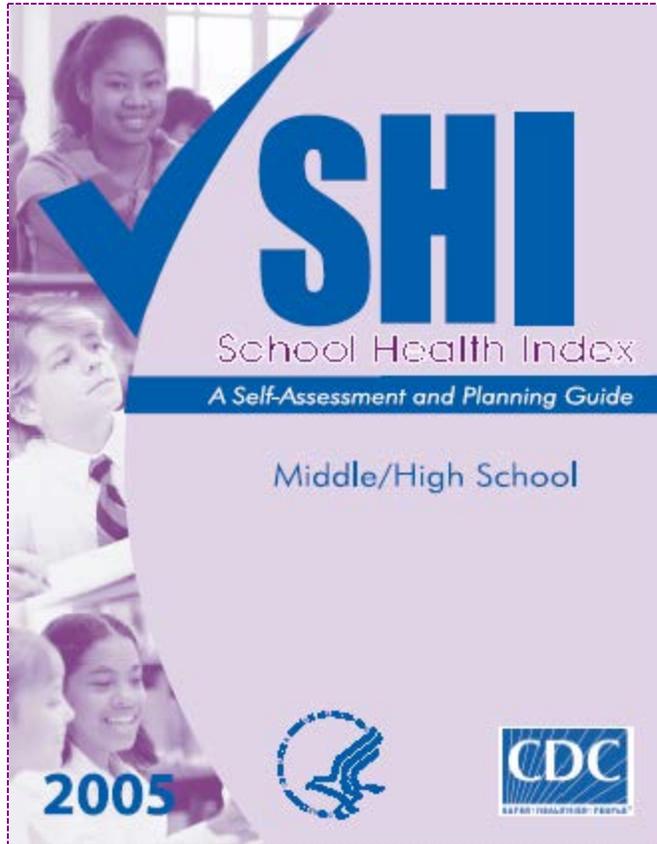


Build a Strong Team





Action for Healthy Kids and the CDC - Unified Assessment Tool



School Health Index

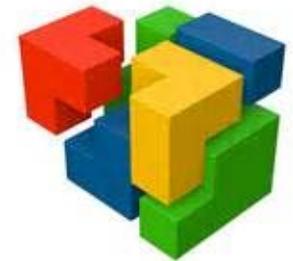
Assess your school's health through the School Health Index (SHI). The SHI is an online self-assessment and planning tool that schools can use to improve their school health and safety policies and programs. Access the AFHK online SHI through the School Portal.

[GO TO SCHOOL PORTAL](#)



School Health Index (SHI) Modules

1. School Health and Safety Policies and Environment
2. Health Education
3. Physical Education and Other Physical Activity Programs
4. Nutrition Services
5. School Health Services
6. School Counseling, Psychological, and Social Services
7. Health Promotion for Staff
8. Family and Community Involvement





Why should I use the AFHK online version of the SHI?

- Save time
- Save your responses and your work in progress
- Module scores are automatically calculated
- access resources based on your score and progress
- Archive previous versions of the SHI
- Print and share reports and action plans with all stakeholders





How long will it take to complete the SHI?

- AFHK's SHI version takes about 2 -3 hours to complete.
- Gathering information ahead of time helps to complete the AFHK SHI quickly.





Access AFHK SHI Online Tool

 **Action for Healthy Kids.**

Welcome to the
Action for Healthy Kids
School Portal.

We have recently updated our technology to give you a one-stop shop for School Grants for Healthy Kids, programs, the School Health Index and more. We are excited to offer this service to you! Create an account, connect to your school, then implement programs!

Username
username@domain.com

Password
.....

Remember Me? [Forgot Password?](#)

NOTE: If you have applied for a grant in the past, you will be required to create a new login. You can use the same email address, but you will need to re-register in this new system.



GOOD FOOD + ACTIVE BODIES =
HEALTHY KIDS
EQUIPPED FOR SUCCESS

School Health Index

Assess your school's health through the School Health Index (SHI). The SHI is an online self-assessment and planning tool that schools can use to improve their school health and safety policies and programs. Access the AFHK online SHI through the School Portal.

[Action for Healthy Kids – Tools for Schools](http://www.actionforhealthykids.org/tools-for-schools)

<http://www.actionforhealthykids.org/tools-for-schools>



AFHK SHI Online Tool Continued

The screenshot shows the AFHK School Portal dashboard. The browser address bar displays the URL: https://stagingcgm-afhkschoolportal.cs14.force.com/apex/AFHK_Communities_Home. The dashboard includes a navigation menu on the left with items: Dashboard, My Schools, Grants, School Health Index, and Help. The main content area features four summary cards: "SCHOOL GRANT APPLICATIONS SUBMITTED" (4), "NUMBER OF STATES SUBMITTING GRANT APPLICATIONS" (+1), "TOTAL GRANTS GIVEN IN 15-16 SY" (\$1.4M), and "GRANTS AWARDED TO YOUR SCHOOL" (\$0.0). Below these is a "WELCOME" section with the heading "Welcome to AFHK School Portal" and a paragraph: "Welcome to the Action for Healthy Kids School Portal. This portal will be your hub for all things related to our school grants including your grant application, award letter, report documents, and resources and tools to help you successfully implement your grant!" It then lists two steps: "1. Navigate to the 'My Profile' tab in the left hand column or the button to the right and update your personal contact information. Then affiliate yourself with your school, schools or district." and "2. Navigate to the 'Grant' tab in the left hand column or the button to the right and submit your application today!". An "Important Dates!" section follows, stating: "These are the dates that you'll need to keep in mind as you implement your grant throughout the school year. Reports that are required for funded schools are listed and the due dates are shown." and "Remember: If you still have to complete your final report for grants you received in 2014 you will need to search for those past grants here." A list of dates is provided: "1. 2014-2015 Final Reports Due: May 29, 2015", "2. 2015-2016 Applications Due: May 4, 2015", "3. 2015-2016 Terms and Conditions Due: June 19, 2015", "4. 2015-2016 Midterm Reports Due: Dec 12, 2015", and "5. 2015-2016 Final Reports Due: May 29, 2016". A footer note says: "Got questions? We've got answers. Check out the information on frequently asked questions." On the right side, there are four orange buttons: "Step 1: Affiliate Schools", "Step 2: Apply for a Grant", "Step 3: Find Past Grants", and "Step 4: Complete Reports". A small footer on the right says "NOT REVISITED" and "EVERY PART".



AFHK SHI Online Tool Continued

A screenshot of a web browser displaying the AFHK SHI Online Tool. The browser address bar shows the URL: https://stagingcgm-afhkschoolportal.cs14.force.com/AFHK_SHI_Module_Page?sid=a2j0000000M(9EAC&aid=001c000000pRNSpAAO. The page has an orange header with the text "Instructions" and two numbered instructions: "1. Carefully read the following statements. Use the help boxes to help you discuss where your school stands with your school health team." and "2. Circle the most appropriate score for each item." Below the instructions is a "QUESTIONS" section. The first question is "Section 1" followed by "CC.1 Communication with families". The question text asks: "Does your school communicate with all families in a culturally- and linguistically-appropriate way, using a variety of communication methods, about school-sponsored activities and opportunities to participate in school health programs and other community-based health and safety programs?". Below the question are five response options: "3 - Yes, all families are communicated with in a culturally- and linguistically-appropriate way using a variety of communication methods.", "2 - All families are communicated with using a variety of communication methods, but not in a culturally- and linguistically-appropriate way.", "1 - Our school only uses very few methods to communicate about health-related activities or programs.", "0 - Our school does NOT communicate with families in these ways, or families receive communications solely about academic subjects but not about health-related activities or programs.", and a dropdown menu currently showing "3 - Fully in Place". The dropdown menu is open, showing the following options: "--SELECT--", "3 - Fully in Place", "2 - Partially in Place", "1 - Under Development", and "0 - Not in Place". Below the first question is the second question, "CC.2 Effective parenting strategies", which asks: "Does your school's family education program address all of the following effective parenting strategies?". Below this question is a list of ten bullet points: "• Praising and rewarding desirable behavior", "• Staying actively involved with children in fun activities", "• Making time to listen and talk with their children", "• Setting expectations for appropriate behavior and academic performance", "• Sharing parental values", "• Communicating with children about health-related risks and behaviors", "• Making a small number of clear, understandable rules designed to increase level of self-management (e.g., routine household chores, homework, time spent using TV and computer)", "• Consistently enforcing family rules with consequences (e.g., an additional chore, restricting TV/computer use for the evening)", "• Monitoring children's daily activities (knowing child's whereabouts and friends)", "• Modeling nonviolent responses to conflict", and "• Modeling healthy behaviors".



AFHK SHI Online Tool Continued

The screenshot shows the AFHK School Portal interface. At the top, a green banner reads "Module submitted: Congratulations! You've completed 'Module 5: School Counseling, Psychological, and Social Services'. You may now choose to [View Report](#) or return to another [Unsubmitted Module](#)".

The main content area is titled "MODULE RESULTS" and features a line graph. The graph shows a score of 0 for items CC1, CC2, and CC3, and a score of 2 for items CC4, CC5, and CC6. The y-axis ranges from 0.0 to 1.5. A blue shaded area under the line represents the score for "My School".

To the right of the graph is a callout box for "module 5: SCHOOL COUNSELING, PSYCHOLOGICAL & SOCIAL SERVICES ACTION FOR HEALTHY KIDS". Below this, an orange button states "You scored 2 out of 15 possible" and a green button says "View Action Plan".

Below the graph, the text reads "School Health Index Module Results" and "Thank you for completing the module. You may find that you have certain areas in this module that can be improved in your school and Action for Healthy Kids is here to help. Below, you will find resources and activities that you can use to get your school 100% in place! These activities have also been added to your school's total action plan which you can access any time."

At the bottom left, there is a "Need help?" section with contact information: "Contact support at support@actionforhealthykids.org. We will respond within 24 hours."

At the bottom, there is a "RESOURCES" section.



AFHK SHI Online Tool Continued

The screenshot displays the AFHK School Portal interface. At the top, there is a navigation bar with "AFHK School Portal" and a "PSYCHOLOGICAL & SOCIAL SERVICES" dropdown menu. A sidebar on the left contains links for "Dashboard", "My Schools", "Grants", "School Health Index", and "Help".

The main content area shows a line graph with six data points labeled CC.1 through CC.6. A callout box on the right indicates "ACTION FOR HEALTHY KIDS" and states "You scored 2 out of 15 possible" with a "View Action Plan" button.

Below the graph, the "School Health Index Module Results" section includes a thank-you message and a "RESOURCES" table. The "ACTION PLAN" section contains a table with columns for Activity, Start Date, End Date, Person Responsible, Volunteers?, Resources Required, Game On Challenges, and Measure of Success.

Question	Resource	Description	Link
CC.2	Active Eating		http://www.oivr.org/youth-and-schools/teaching-and-development/resources/active-eating

Activity	Start Date	End Date	Person Responsible	Volunteers?	Resources Required	Game On Challenges	Measure of Success	
Conduct WellSAT assessment of district wellness/school policy & practices					-WellSAT	Assess Your School	Assessment complete	✓
Plan/provide educational outreach for parents and community on nutrition topics					-Outreach materials - Parent emails	Educate Your Community	Parents contacted	✓

At the bottom left, there is a "Need Help?" section with contact information for support@actionforhealthykids.org. The URL at the bottom of the browser window is https://stagingcm-afhkschoolportal.cs14.force.com/afhk_shi_action_plan?aid=001c000000pRNSpAAD.



AFHK SHI Online Tool Continued

AFHK School Portal

Dashboard
My Schools
Grants
School Health Index
Help

Question	Resource	Description	Link					
ACTION PLAN								
Activity	Start Date	End Date	Person Responsible	Volunteers?	Resources Required	Game On Challenges	Measure of Success	
Conduct WellSAT assessment of district wellness/school policy & practices					-WellSAT	Access Your School	Assessment complete	<input checked="" type="checkbox"/>
Plan/provide educational outreach for parents and community on nutrition topics					-Outreach materials -Parent emails	Educate Your Community	Parents contacted	<input checked="" type="checkbox"/>
Plan to survey students, parents and community on wellness needs					-Surveys -Time	Survey Your School	Survey completed	<input checked="" type="checkbox"/>
Establish policy to set physical education standards at school					-Physical Education standards	Policy Workshop	Standards are established	<input checked="" type="checkbox"/>
Assess access to school facilities					-Assessment tool	Access Your School	Assessment complete	<input checked="" type="checkbox"/>
Establish policy to set physical activity standards at school					-Policy standards	Establish Policy	Policy established	<input checked="" type="checkbox"/>
Plan/provide professional development for staff on wellness topics					-Professional development tools	Educate Your Staff	-Staff workshop held	<input checked="" type="checkbox"/>
Plan/conduct survey on nutrition/physical/health ed topics listed in school					-Surveys -Time	Conduct a Survey	Survey complete	<input checked="" type="checkbox"/>
Plan/provide professional development for staff on physical education topics					-Professional development tools	Educate Your Staff	-Staff workshop held	<input checked="" type="checkbox"/>
Plan/provide educational outreach for					-Outreach	Educate Your	Parents contacted	<input checked="" type="checkbox"/>

Need help?
Contact support at support@actiononhealthandlearning.org
We will respond within 24 hours.



AFHK SHI Online Tool Continued





Navigating the Action for Healthy Kids School Health Portal Webinar

- Tuesday, October 4, 3 - 4 p.m. (CT)

- Learn how to:
 - Form your school health team
 - Complete a school health assessment
 - Develop and track your action plan
 - And much more



[AFHK - Webinar Events](http://www.actionforhealthykids.org/events/webinars/event)

<http://www.actionforhealthykids.org/events/webinars/event>



What questions do you have?





The Healthy Schools Program



Dru Bagwell

Healthy Schools Program Manager

Alliance for a Healthier Generation

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Dru.Bagwell@healthiergeneration.org

www.healthiergeneration.org





Healthy School Program 6 Step Process

- School Health and Safety Policies and Environment
- Health Education
- PE and other PA Programs
- Nutrition Services
- Health Promotion for Staff
- Family and Community Involvement





Action Planning

Use your school's action plan to set goals and identify beneficial resources

The image shows the homepage of the Alliance for a Healthier Generation website. At the top, there is a navigation bar with links for "RESOURCES", "SEARCH", "MY ACCOUNT", "LOG OUT", and a "DONATE" button. Below the navigation bar, there are menu items: "About Childhood Obesity", "Live Healthier", "Take Action", "News & Events", "Programs", and "About Us". The main content area features a large heading "America's Healthiest Schools" with a sub-heading "Thousands of people across the country are creating a culture of health at school where students thrive." Below this, there is a call to action: "YOU can make a difference in helping kids to develop lifelong healthy habits" and a "JOIN THE MOVEMENT" button. At the bottom, there is a section titled "WHERE ARE AMERICA'S HEALTHIEST SCHOOLS?" with a sub-heading "The 2016 National Healthy Schools Award Winners are setting the standard. Click here to see the schools that are on their way to becoming one of America's healthiest schools."

This image shows a section of the website titled "Your Programs Await". It features a sub-heading "Below are the programs you are registered for. Select a program and pick up where you left off or continue making healthy change in a way that only you can." Below the text, there are three program cards: "Healthy Schools Program", "Healthy Out-of-School Time", and "Healthy Signposts". Each card has a "GO NOW" button.

This image shows the "Action Plan" section of the website. It features a sub-heading "Here's Your Action Plan" and a call to action "Choose an item below to access resources that you meet each of these criteria." Below this, there is a "Watch this video" link for help working on the action plan. The main content area displays a list of action plan items, including "Health and safety promotion for students and families" (partially in place) and "Prohibit withholding recess as punishment" (fully in place). Each item has a progress indicator and a "GO NOW" button.

This image shows the "Action Plan Item Detail" page for the "Health and safety promotion for students and families" item. The page has a sidebar with navigation links: "Dashboard", "Assessment", "Action Plan", "Celebration", "Tools & Resources", and "Training Opportunities". The main content area is titled "Action Plan Item Detail" and includes a "Question Details" section with the question: "Does the school nurse or other health services provider promote the health and safety of students and their families, through classroom activities and otherwise, on each of these topics?" Below the question, there is a list of criteria: "Promoting physical activity", "Promoting healthy eating", "Preventing tobacco use", "Quitting tobacco use", "Preventing unintentional injuries", "Preventing violence and suicide", "Managing asthma", and "Preventing HIV, other STD, and unintended pregnancy". There is also a "Notes" section and a "Resources" section.



Your Site Action Plan

- **Goal**
- **Action Steps**
- **Who**
- **By When**
- **What's Needed**

Action Plan - Test CA School

Your School's Action Plan should be used in the planning process to improve performance. This tool provides a structured process for prioritizing the various recommendations. Here you can decide on a handful of actions to focus on.

Pending Actions

Your latest SHI submission has generated new actions based on your areas for improvement. [Click here to view your actions.](#)

TEST CA SCHOOL - ACTION PLAN

Activity	End Date	Owner
+ Add a custom action Show Completed Actions		

TEST CA SCHOOL - RESOURCES

Resource	Description
A CDC Review of School Laws and Policies Concerning Child and Adolescent Health	CDC adolescent health resources
Alliance for a Healthier Generation Competitive (Snack) Food Calculator	Take the guesswork out of snack choices. Snacks! Simply enter the name of the beverage, snack, side, or dessert.
Dollars and Sense: The Financial Impact of Selling Healthier School Foods	Information on SB 19 (CA) and the sale of healthy competitive foods.

A graphic for "module one" featuring a green circle with the text "module one:" at the top. Below it is a yellow notepad with a white pen resting on it. The background is light blue. A green banner across the middle contains the text "SCHOOL HEALTH & SAFETY POLICIES & ENVIRONMENT" in white. Below the banner, in a light blue rounded rectangle, is the text "ACTION FOR HEALTHY KIDS" in blue. At the bottom, a green button contains the text "View Action Plan" in white.



Steps for Customizing Your Plan

Physical Activity

Childhood obesity has increased as physical activity in schools has decreased. Physical activity should not be confused with physical education - one is an active class and one is an active lifestyle. Schools can support these active lifestyles by creating an environment that encourages movement at all times throughout the day.

Click through the sections below for guidance and resources.

Physical Activities
Provide activities that meet the needs of your students and complement the facilities at your school and the structure of your school day.
[GO TO PHYSICAL ACTIVITIES ▶](#)

Recess
Use recess to its full potential to give kids time to be active while improving behaviors in the classroom and cafeteria.

Quick Links
[Physical Activity Task Cards](#)
[Secondary Classroom Ideas](#)
[Classroom Brain Breaks](#)
[Student Wellness Fact Sheet](#)

Let's Move! Active Schools

Action for Healthy Kids.

[VOLUNTEER](#) [DONATE](#)

What We Do | Tools for Schools | Events | In Your State | Get Involved | Partner with Us

Home > Game On > Step 4: Find Activities

Step 4: Find Activities

Once you've built your school health team and used the SHI to assess the school health environment, find nutrition and fitness activities for all aspects of the school building. Activities include from leading brain breaks in the classroom to offering more fruits and veggies in the cafeteria to providing recess on the playground before lunch.

School Blueprint for Health, Fun and Success!

Select a room on the school blueprint to find nutrition and physical activity challenges for every aspect of your school building. Whether you are part of the school staff, a parent or community member, you can make a difference! [See here](#) for a full list of Game On Activities.

Step 1: Gather Your Team

Step 2: Assess & Track Progress

Step 3: Create & Implement an Action Plan

Step 4: Find Activities

- Classroom Activities
- Nurses' Office Activities
- Office Activities
- Hallway Activities



[Alliance for Healthier Generations -](#)

https://schools.healthiergeneration.org/tools__resources/

[Action for Healthy kids –](#)

<http://www.actionforhealthykids.org/game-on/find-challenges>



Creating and Implementing Your Plan

- ▶ **Representation from:**
 - School families
 - Local community
 - Students
 - Both certificated and classified staff





What questions do you have?





Physical Activity (PA) Resources for Infrastructure and Action plan Support



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Poll #3: School Physical Activity

Choose all that apply.

- I teach physical education or activity at a school.
- I train staff to teach or lead physical education or activity at a school.
- I would like to teach or lead physical activity at a school.
- I am not involved with physical education or activity at a school.
- None of the above.





PA Benefits & Infrastructure Support

A 2013 [Institute of Medicine report](#) presented the following conclusion. Moderate to vigorous PA intensity supports:

- Improved brain function
- Greater attention span
- Faster cognitive processing speed
- Improved performance on
- standardized academic tests





PA Benefits & Infrastructure Support

(cont'd)

Positive association between PA and Student:

- Academic achievement
- Classroom conduct
- Cognitive skills and attitudes

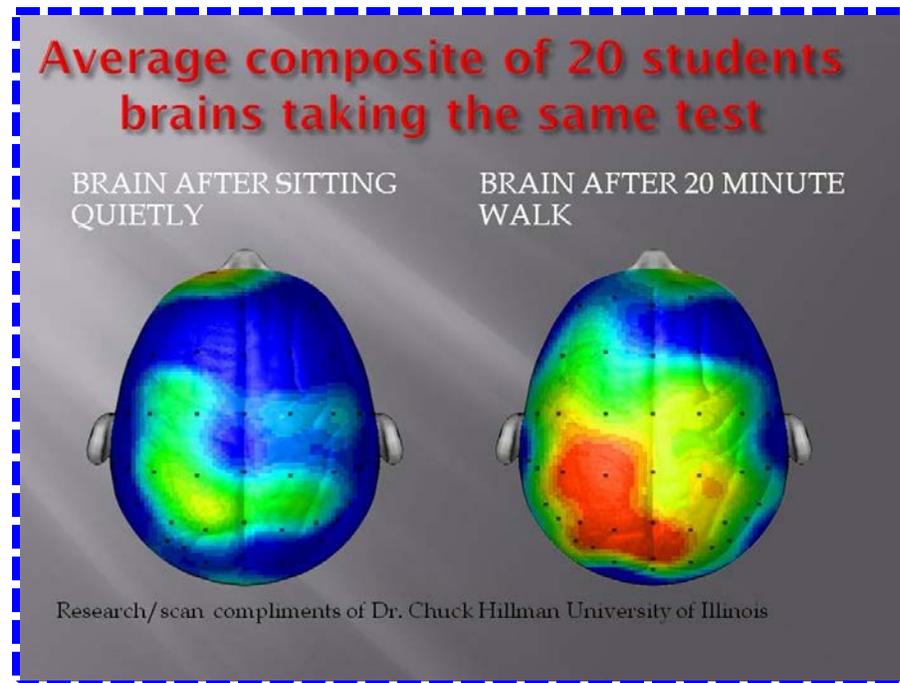




PA Benefits & Infrastructure Support

(cont'd)

Brain Power After Exercise!



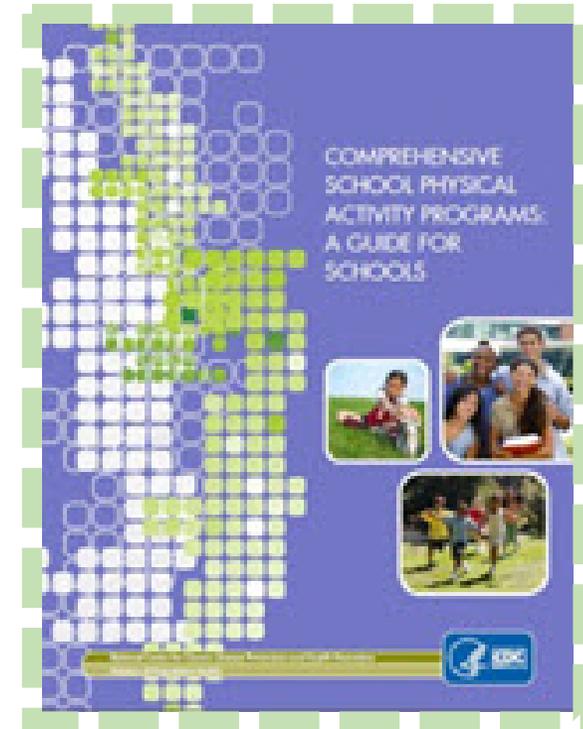


PA Benefits & Infrastructure Support (cont'd)

Comprehensive School Physical Activity Program

(C-SPAP) Guide Components:

- Physical education (PE)
- PA at school (beyond PE)
- PA before and after school
- Staff involvement
- Family and Community engagement





PA Resources to Support Action Plan

Provides videos to lead students in participating in PA.



Let's watch "Clap, Stomp, Jump".

[Go NoOdle](https://www.gonoodle.com/)

<https://www.gonoodle.com/>



PA Resources to Support Action Plan (Cont.)

JAM (Just a Minute) School Program provides PA support for implementation in the classroom.

Receive:

- A daily one-minute PA routine
- Access to full-length fitness videos
- Fitness tip sheets
- A monthly newsletter with fitness information





PA Resources to Support Action Plan (Cont.)

SPARK (Sports Play and Active Recreation for Kids). Offers PE curriculums, onsite trainings and webinars for early childhood through high school.

Provides PA materials for:

- In-classroom
- Recess
- After School





PA Resources to Support Action Plan (Cont.)

CATCH (Coordinated Approach to Child Health) provides:

- PE/PA Guidebook
- Corresponding PE/PA activities (index cards)
- For grades K-8.
- English & Spanish
- One and three-day trainings





PA Resources to Support Action Plan (Cont.)

Color Me Healthy

- For children ages four to five.
- Teaches kids that healthy food and PA are fun
- Kit includes:
 - Teacher's guide with 12 circle time lessons
 - CD with 7 original songs
 - Parent newsletters, in English and Spanish
 - 5 colorful posters
 - Picture cards for circle time lessons

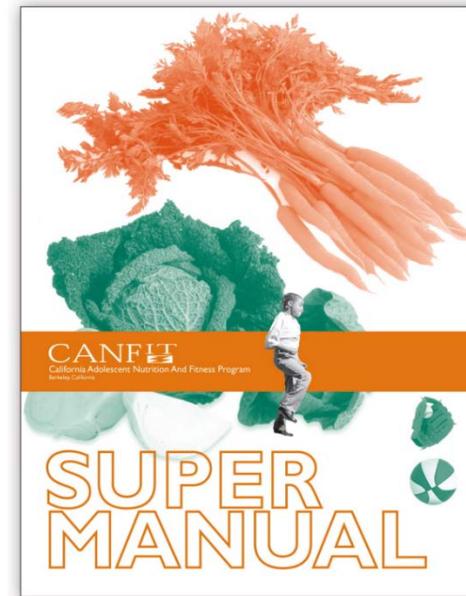




PA Resources to Support Action Plan (Cont.)

CanFit Super Manual

- PA & Nutrition Lesson Plans
- Assessment Tools
- Evaluation Tips
- Ages 9-18
- After school focus





PA Resources to Support Action Plan (Cont.)

Be an Active Family PA Flyer

- Ten Tips for becoming more active as a family
- For parents with kids Ages 2-14
- English/Spanish
- Printable via the [Choose MyPlate.gov](http://ChooseMyPlate.gov) website





Q & A





HealthierUS School Challenge: SL (HUSSC:SL)



Katia Ahmed, M.Ed, MS, RN
State Coordinator
Actionforhealthykids.org



Receive Recognition for Your Wellness Efforts:

Navigating the HealthierUS School Challenge:
Smarter Lunchrooms Initiative





What is HUSSC: SL?

- Voluntary four-year certification initiative
- Recognizes excellence in school nutrition and physical activity
- Consistent with school meal pattern requirements
- 4 Award Levels
 - Bronze
 - Silver
 - Gold
 - Gold Distinction





What is HUSSC: SL?

- 2010
- *Let's Move!*
- Monetary Incentives

[Let's Move](http://www.letsmove.gov)

<http://www.letsmove.gov>



America's Move to Raise a Healthier Generation of Kids



HUSSC: SL Awardees Incentives

- Display Banner
- Certificate Mounted on Plaque
- Recognition on the Team Nutrition website
- Congratulatory letter by the US First Lady
- Monetary incentives*
- ▶ *As long as funds are available

Award	Amount
Bronze	\$500
Silver	\$1,000
Gold	\$1,500
Gold Award of Distinction	\$2,000



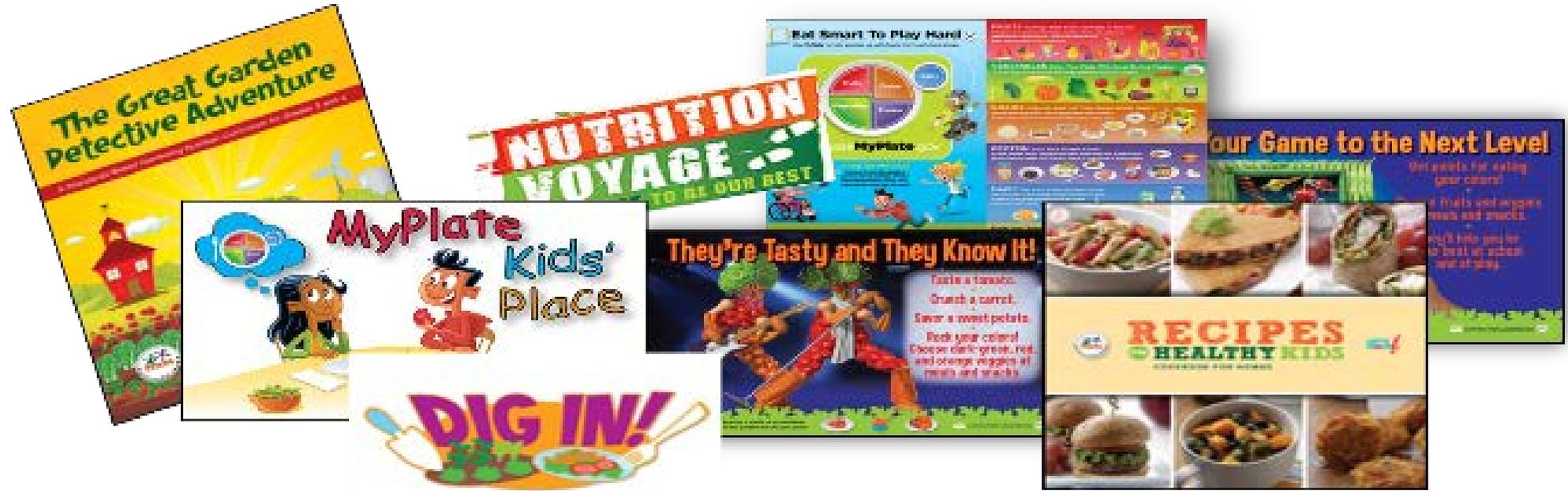
Benefits for Applying to HUSSC: SL

- Build school spirit
- create positive publicity
- Increase school wellness
- initiative support and momentum
- Support the Learning Connection
- Be a leader in the efforts to end childhood obesity





USDA Resources



- Spread the word
- [Visit the FNS website](http://www.fns.usda.gov/hussc/healthierus-school-challenge-smarter-lunchrooms)

<http://www.fns.usda.gov/hussc/healthierus-school-challenge-smarter-lunchrooms>



Let's All Work Together!

Collaborative

- ▶ AFHK State Coordinators
- ▶ Child Nutrition Programs State Agency Contacts
- ▶ FNS Regional Office Staff



AFHK Resources

HealthierUS School Challenge: Smarter Lunchrooms

- Sample Application
- Tip Sheets
- Checklists
- Roles for Your School Health Team
- ***Coming soon, mini-webinars!***





Webinars and Trainings

LSWP Webinars –

- *LSWP Basics” What You Need to Know to Put Your Wellness Policy in place*
- *Getting Your School Wellness Policy Committee Engaged and Moving Forward*
- *Resources for Assessing the Quality of School Health Policies and Practices*

LSWP In-person Workshops

- Refresh Your School Wellness Policy
 - February-March 2017



Resources for Assessing the Quality of School Health Policies and Practices, and Improvement Plan Implementation

Continuing Education Credits

Professional Standards Crediting Information for School Nutrition Programs (choose from below)

- **Administration (3000)**
 - 3200 Program Management
 - 3230-Healthy School Environment
 - Total instructional hours: 1

- **4100 Communications and Marketing**
 - 4150 School and Community Communication





Final Q & A





Thank You!

Contact Information

Katia Ahmed M.Ed, MS, RN

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