

FY17 Iowa Partnerships for Success Suicide Prevention Services

Instructions: IPFS funded counties are required to provide suicide prevention services during each year of the project. Below are service expectations for FY17 (some services from FY16 are listed again to ensure connection and continuity). These services should all be provided on a reoccurring basis throughout FY17 and reported in the IPFS Quarterly Progress Report within Iowagrants.gov. If there are questions regarding suicide prevention services, contact Pat McGovern at 515-281-5444 or pat.mcgovern@idph.iowa.gov.

Services

- Identify suicide prevention, mental health, or related groups in your county
 - Attend at least one of their meetings (if you did last year, consider attending again to provide an update)
 - Meet with their chairperson (if you did last year, consider meeting again to provide an update)
 - Provide an overview of the PFS and your efforts to the group or chairperson;
 - If you are unable to find a group, please contact
 - Your county public health department to see if they know of any.
 - [NAMI Iowa website](#) to see if there is a group in or near your area.
 - Contact the local hospital or hospital where people from your county go for services to see if they know of any.
- Participate and/or pay for coalition leaders to participate in [QPR Gatekeeper Online Training](#)
 - Discuss the training during a coalition meeting and consider what types of gatekeeper training could be provided in the county/funding stream that could support this.
- Talk with county school districts to see if there is a suicide prevention/postvention plan in place
 - If not, recommend the [Model School Policy Webinar](#) (54 minutes), share the one-page [Fact Sheet](#) and the [Model School District Policy on Suicide Prevention](#).
 - If they school district does have a policy, recommend review of the [Model School District Policy on Suicide Prevention](#) ensure best practices are included.
- Promote Youth Mental Health First Aid to school personnel and other youth-serving organizations (youth pastors, mentoring groups, juvenile court officers, etc.). Several trainings may be offered at little to no cost with most identified on: www.mentalhealthfirstaid.org.

- Promote Your Life Iowa and the National Suicide Prevention Lifeline to the general population in your county including distribution of materials
 - National Suicide Prevention Lifeline materials:
 - [Wallet Cards](#)
 - [Magnets](#)
 - Your Life Iowa materials (rack cards, stickers, flyers, and posters) – contact Pat or look at [Your Life Iowa Downloadable Materials](#)
 - Share the press release issued by IDPH for suicide prevention week. The press release will be shared on the workstation in August 2017.

- Promote local [Out of the Darkness Walks](#), [Mental Health First Aid \(youth and adult\) trainings](#), [National Suicide Prevention Week](#) and [Month](#) (September 2017) and other suicide prevention efforts in your community.

- Contact the [nearest suicide bereavement support group](#) to offer support and see what can be done to promote the group in your county. If none are close, please contact the nearest if they know of anyone in your area who may be starting one.

- Utilize and share with local media the “[Recommendations for Reporting on Suicide](#)”

Resources

[IDPH Suicide Prevention Page](#):

- Tip sheets for foster parents, faith community leaders, law enforcement, and managers (found under “Additional Resources” on IDPH Suicide Prevention page). Additional state and national resources listed here.

[Iowa Suicide Prevention Plan 2015-2018](#): Released in early October 2015

[National Suicide Prevention Lifeline](#): Online and toll-free at 1-800-273-8255

[Your Life Iowa](#): Resource for suicide prevention and anti-bullying. Online, toll-free at 855-581-8111, or text 855-895-8398 (standard message and data rates may apply)